

Chris K. Wehl, Ph.D.
505 East 200 South
(801) 350-0115

Suite 303
FAX (801) 350-9582

Clinical Psychologist
Salt Lake City, Utah 84102
Chris@ChrisWehl.com

CURRICULUM VITAE
Winter 2012

EDUCATION

<u>Institution</u>	<u>Degree</u>	<u>Years</u>	<u>Department/Area</u>
Pasadena City College	-	1973-1975	Biology
University of Utah	B.S.	1975-1978	Psychology
University of Utah	M.S.	1979-1982	Educational Psychology
University of Utah	Ph.D.	1981-1988	Clinical Psychology

10/84-9/85 2000 hour **APA-approved clinical internship**, Salt Lake Veterans Administration Medical Center, 500 Foothill Dr., Salt Lake City, UT 84148.

4/88-5/89 2000 hour **child clinical psychology post-doctoral residency**, East Valley Unit, Salt Lake Valley Mental Health.

Dissertation: "A Controlled Investigation of the Relapse Prevention Treatment of Addictive Behaviors with Inpatient Alcohol Abusers" (1988).

PROFESSIONAL AFFILIATIONS

Representative to the American Psychological Association Council of Representatives for the Utah Psychological Association 1/1/2008 – Present.

Chair, Legislative Committee, Utah Psychological Association, 6/2000 – 6/2008.

Federal Advocacy Coordinator for the Utah Psychological Association, 6/2000 - present.

Utah Psychological Association Taskforce on Family Forensic Issues, member 2009 – Present.

Chair, Insurance Committee, Utah Psychological Association, 1991- 2005.

Board Member-at-large, Utah Psychological Association, 1994-1998.

Member Mental Health Technical Advisory Group to the Utah Health Policy Commission, 1996-1999

Utah Psychologists in Professional Practice - Secretary/Treasurer, 1991-1992

Community Counseling Center - Member, Board of Trustees, 1989-1992

American Psychological Association - Member

Utah Psychological Association - Member

Utah Psychologist License 89-115392-2501

HONORS AND AWARDS

Recipient of the American Psychological Association Practice Organization **Federal Advocacy Coordinator of the Year** award, 2007.

Recipient of the Utah Psychological Association **Distinguished Service Award**, 2005.

Recipient of the American Psychological Association **Karl F. Heiser Award for Advocacy**, 1995.

CLINICAL AND FORENSIC EXPERIENCE

- 6/89 - present **Independent psychology practice.** Provided diagnostic, assessment and therapeutic services to individuals, couples, and families. Outpatient psychotherapy provided from a cognitive/interpersonal orientation to adults, adolescents and school-aged children. Specialties included treatment of mood disorders, anxiety disorders, addictions, and couples/marital/family therapy.
- 5/91 - present **Child custody evaluator.** Conducted child custody, parental fitness and parent-time evaluations throughout Utah. Conducted second opinion critiques of custody evaluations for use at trial.
- 6/02 - present **Special master/Parenting coordinator.** Served as court-appointed special master in high-conflict families of divorce. Resolved parenting and parent-time disputes between divorced parents.
- 2/00 - present **Divorce mediation.** Assisted divorcing couples in reaching agreement on issues of child custody and parent-time, property and debt division, child support and spousal support.
- 7/98 - present **Psychological Consultant** for Utah Disability Determination Services. Reviewed medical evidence to adjudicate mental impairment claims for Social Security Disability benefits.
- 11/90 - 1996 Provided psychological evaluations for adult and adolescent inpatients at Benchmark Regional Hospital as an independent contractor.
- 6/89 - 6/93 Conducted second opinion assessments for necessity of inpatient treatment for Mental Health Review of Utah.
- 9/86 - 10/91 Children's Team Therapist, East Valley Unit, Salt Lake Valley Mental Health. Conducted diagnostic assessments on all admitted children, adolescents and families. Provided individual, family, couples and group therapy to children, adolescents and adults at this community mental health outpatient unit. Also provided psychological assessment as needed.
- 9/85 - 9/86 Child Psychology Residency, East Valley Mental Health. Conducted assessment, and treatment with children, adolescents, and families. Provided psycho-educational parenting groups.

- 10/84 - 9/85 Psychology Intern (2000 hour, APA approved), Veterans Administration Medical Center. Rotations at Outpatient Substance Abuse Clinic, inpatient psychiatry unit, and medical consultation unit.
- 5/83 - 9/84 Therapist, Salt Lake Division of Mental Health, Sugarhouse Unit, Adult Team.
- 6/80 - 1/82 Therapist, Salt Lake Veterans Administration Medical Center, Drug and Alcohol Dependence Treatment Unit.

RESEARCH POSITIONS

- 2/98 - 8/98 Research staff at the Social Research Institute, Department of Social Work, University of Utah. Consulted on various research projects conducting statistical analyses, and writing research reports.
- 6/85 - 4/88 Co-principal investigator of "A Controlled Investigation of the Relapse Prevention Treatment of Addictive Behaviors with Inpatient Alcohol Abusers." Designed and implemented a comprehensive 30-day inpatient treatment program based on the Relapse Prevention treatment model. Was responsible for all aspects of the project, including staff training, design of treatment and assessment devices, data collection, analysis and reporting.
- 12/82 - 6/83 Co-investigator on funded grant "Alcoholism and expectancies."
- 6/82 - 4/83 Program Evaluation Consultant, Research and Evaluation Unit, Salt Lake Division of Mental Health. Supervisor: Barbara Goza, Ph.D.
- 6/80 - 5/82 Psychology Research Technician, Drug and Alcohol Dependence Treatment Unit, Salt Lake Veterans Administration Medical Center. Supervisor: Rex Turner, Ph.D.
- 6/78 - 6/80 Psychology Research Technician, Alcohol Dependence Treatment Program, Salt Lake Veterans Administration Medical Center. Supervisor: Dale Cannon, Ph.D., Rex Turner, Ph.D. & Tim Baker, Ph.D.

TEACHING POSITIONS

- 4/91 - present Clinical Instructor in Psychiatry, Auxiliary Faculty, Department of Psychiatry, University of Utah.
- 9/97 - present Supervision of the clinical work of psychology graduate students and postdoctoral students for practica and licensure.
- 6/90 - 8/90 Instructor, Department of Social Work, Alcohol and Drug Certification Program, University of Utah. Course: Final Integrative Seminar.

6/84 - 8/84 Instructor, Department of Psychology, University of Utah. Course: Alcohol and Drug Abuse.

9/82 - 6/83 Teaching Fellow, Department of Psychology, University of Utah. Course: Techniques of Assessment (year-long graduate level course). Supervisor: Leslie Cooper, Ph.D.

INVITED WORKSHOPS AND ADDRESSES

Wehl, C.K. (2008). Website design for less than \$10 a month. Utah Psychological Association Joy of Practice Workshop, May 16, 2008.

Wehl, C.K. (2007). Advancing Psychology Through Conversations with our State Legislators. Utah Psychological Association Continuing Education Workshop.

Wehl, C.K. (1997). The financial impact of non-discriminatory mental health care benefits in Utah. Invited address, Utah Health Policy Commission and Governor Scott Matheson Center for Health Care Studies.

Turner, R.W. & Wehl, C.K. (1983, November). Mood-control training: A workshop on cognitive-behavioral treatment for depression in substance abusers. Presented to Mental Health Treatment Service, Salt Lake Veterans Administration Medical Center.

Turner, R.W., & Wehl, C.K. (1982). Mood disorders in substance abusers: Assessment and treatment. Invited address, Grand Round in Rehabilitation Medicine, University of Utah College of Medicine, Salt Lake City, Utah.

PUBLICATIONS AND CONVENTION PRESENTATIONS

Klein, N.C., Berman, P., Celeste, B., Homans, L., Schuster, S. Wehl, C.K. (2011). Sequence of Training Legislation: Current Status and Useful Resources. Workshop at American Psychological Association State Leadership Conference, Washington, D.C.

Klein, N.C. & Wehl, C.K. (2008). Implementing Change in Sequence of Training: Legislative Success in Utah. In Education and Training for Licensure: A multi-State and Regulatory Perspective. Symposium at 2008 American Psychological Association Convention, Boston.

Wehl, C.K., Turner, R.W., Strassberg, D., Hale, V., & Routh, C. (1990). Relapse prevention treatment with alcohol dependence: Short-term results. Paper presented at the Annual Convention of the American Psychological Association, Boston.

Moreno, J.K., Wehl, C.K., & Turner, R.W. (1984). Predictors of differential response to cognitive-behavioral therapy for depression. Paper presented at the convention of the American Psychological Association, Toronto.

- Turner, R.W. & Wehl, C.K. (1984). Treatment of unipolar depression in problem drinkers. Advances in Behaviour Research and Therapy, 6, 115-125.
- Turner, R.W. & Wehl, C.K. (1984). Clinical innovations in the treatment of depression. Presented at the Annual Fall Conference of the Utah Psychological Association, Salt Lake City.
- Turner, R.W. & Wehl, C.K. (1983, December). Cognitive-behavioral vs. other treatments of depression in alcoholics and inpatients. In P.M. Lewinsohn (Chair), Psychological treatment of unipolar depression: Current status. Symposium conducted at the meeting of the World Congress on Behavior Therapy, Washington, D.C.
- Turner, R.W. & Wehl, C.K. (1983). Brief cognitive-behavioral therapy with depressed alcoholics: A psychoeducational approach. Paper presented at meeting of the Rocky Mountain Psychological Association, Snowbird, Utah.
- Turner, R.W., Wehl, C.K., & Moreno, J.K. (1983). Long-term outcome for depressed alcoholics in mood control therapy. Paper presented at the 91st annual convention of the American Psychological Association, Anaheim.
- Wehl, C.K. & Mottonen, D.P. (1983). Discriminant and qualitative analysis to predict premature client dropout. Presented in symposium at the 91st annual convention of the American Psychological Association, Anaheim.
- Wehl, C.K. & Turner, R.W. (1982). Group vs. individual cognitive-behavioral therapy for depressed alcoholics. Paper presented at the 90th annual convention of the American Psychological Association, Washington, D.C.
- Cannon, D.S., Baker, T.B., & Wehl, C.K. (1981). Emetic and electric shock aversion therapy: Six- and twelve-month follow-up. Journal of Consulting and Clinical Psychology, 49, 360-368.
- Wehl, C.K. & Turner, R.W. (1981). Assessment and treatment of depression in substance abusers. Paper presented at the 3rd Annual Conference, Utah State Division of Alcoholism and Drugs, Park City, Utah.
- Bierley, R.A., Cannon, D.S., Wehl, C.K., & Dustman, R.E. (1980). Effects of alcohol on visual evoked responses in rats during addiction and withdrawal. Pharmacology, Biochemistry and Behavior, 12, 909-915.
- Turner, R.W., Wehl, C.K., Cannon, D.S., & Craig, K.A. (1980). Mood-control training for depression in alcoholics: A comparison of behavioral and cognitive therapies. Paper presented at the conference of the National Alcohol and Drug Coalition, Washington, D.C.

Turner, R.W., Wehl, C.K., Cannon, D.S., & Craig, K.A. (1980). Mood-control training: A workshop on cognitive-behavioral treatment for depression in substance abusers. National Alcohol and Drug Coalition Conference, Washington, D.C.

Wehl, C.K., & Turner, R.W. (1980). Assessment of depression in substance abusers: Convergent validity and utility of self-report, clinical interviews and behavior ratings. Paper presented at the Conference of the National Alcohol and Drug Coalition, Washington, D.C.

Swindler, C.M. & Wehl, C.K. (1978). State-dependent learning effects of methylphenidate in hyperactive children. Paper presented at the meeting of the Utah Psychological Association, Salt Lake City, Utah.